

MARCE SOCIETY
AND HELEN
MAYO HOUSE
JOINT
PERINATAL
MENTAL HEALTH
CONFERENCE
2023



7 – 9 September 2023

www.marcesociety.com.au

Adelaide,
South Australia

REGISTRATION BROCHURE

The Marcé Society Australasian Chapter, The Women's and Children's Health Network Inc. together with Helen Mayo House, Adelaide, will co-host a conference for health professionals working with expectant parents and families with newborns and toddlers.



Theme

Resilience and Recovery:

Sensitive perinatal mental health care for all women and their families

INVITATION

The conference convenors acknowledge the Kurna people as the traditional custodians of the Adelaide plains, and we pay our respects to their deep connection with the lands and waters, and to elders past, present and emerging. Their sovereignty over Kurna land has never been ceded.

On behalf of our team at the Australasian Marcé Society and Helen Mayo House and Perinatal and Infant Mental Health Services, we extend a warm welcome to all our delegates from far and wide across Australia and Aoeteroa, New Zealand.

After a successful collaboration in 2015, we are so pleased to come together again to bring you this year's conference, which promises to stimulate, fascinate and challenge.

Helen Mayo House Conference devotees who have come to expect an array of clinically-focused talks and workshops will not be disappointed, while the Marcé Society's partnership ensures a gallery of fantastic keynote speakers who are genuine leaders and innovators in our field, as well as a rich program of talks from frontline clinicians and researchers from across Australasia.

You may also be tempted to venture further afield, to enjoy the hospitality and sights of Adelaide/Tarndanya, surrounding wine regions, Kangaroo Island/Karta Pintingga and the Flinders Ranges/Ikara...

We are very much looking forward to 3 days of education and connection with new friends and old. We hope that you will join us!

ABOUT THE AUSTRALASIAN MARCÉ SOCIETY

The Australasian Marcé Society for Perinatal Mental Health is a not-for-profit interdisciplinary organisation dedicated to supporting quality research and care for prenatal and postpartum mental health in/among mothers, fathers and their babies. The conference will provide a unique opportunity to facilitate an open and constructive dialogue between researchers, practitioners and consumers, based on evidence and practice, to foster a better understanding of perinatal mental health care and early parenting support. The Society was formed in the UK in 1980 and has a growing International membership.

Traditionally the Society's primary focus has been on mental illness related to childbearing. However, the interests of Australasian members often encompass broader areas, including the maternal-infant relationship, attachment theory, the psycho-biology of pregnancy, antenatal and postnatal education, psychosocial aspects of obstetrics, perinatal bereavement and all aspects of mental health of women and their families during pregnancy and the postnatal period.

ABOUT HELEN MAYO HOUSE

Helen Mayo House is a part of Perinatal and Infant Mental Health Services at the Women's and Children's Health (WCH) Network in Adelaide, which provides specialist care to perinatal families throughout South Australia. This includes consultation-liaison services to women birthing at the Women's and Children's Hospital as well as to infants receiving medical care within the nurseries and paediatric wards of the WCH network; education, advice and telehealth consultation state-wide; and inpatient care in Helen Mayo House where mothers with severe mental health disorders are co-admitted with their infants. Helen Mayo House was one of the first Mother-Baby Units established in Australia in the 1980s, and since 1993 has run an annual conference to promote education and skill development for health professionals working with perinatal families.

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KEYNOTE SPEAKERS

Note: Online presentations



Dr. Cheryl Beck is a Distinguished Professor, School of Nursing, University of Connecticut, with a joint appointment in the Department of Obstetrics and Gynecology at the School of Medicine. She received her Master's degree in maternal-newborn nursing and certificate in nurse-midwifery from Yale University and Doctor of Nursing Science from Boston University. Dr. Beck leads a research program focused on postpartum mood/anxiety disorders and posttraumatic stress disorder due to traumatic childbirth. She developed the widely-used Postpartum Depression Screening Scale (PDSS) and authored many of the seminal works in the field, from her 160+ journal articles. She also authored numerous books, including research methods textbooks for undergraduate and graduate nursing education, e.g. *Essentials of Nursing Research*. She was awarded Book of the Year from the American Journal of Nursing multiple times, including for *Nursing Research: Generating and Assessing Evidence for Nursing Practice* and *Postpartum Mood and Anxiety Disorders: A Clinician's Guide*. Her two latest books include *Secondary Qualitative Data Analysis in the Health and Social Sciences* and *Introduction to Phenomenology: Focus on Methodology*. She has received many prestigious honours including induction as a fellow of the American Academy of Nursing, and induction into the Sigma Theta Tau International Nurse Researcher Hall of Fame. Dr. Beck was awarded the Marcé Medal by the International Marcé Society for Perinatal Mental Health for the significant contributions of her research program.



Dr Louise Howard is Professor Emerita at the Institute of Psychiatry Psychology and Neuroscience, Kings College London. She was previously Professor in women's mental health and honorary consultant perinatal psychiatrist at the South London and Maudsley NHS Foundation Trust. Her research programs focus on women's mental health, and the impact of gendered violence on mental health, funded by NIHR, UKRI and charitable foundations. She has worked with policy makers to influence clinical practice including chairing the National Institute for Clinical Excellence Guideline Development Group on Antenatal and Postnatal Mental Health (CG192; 2014) and being a member of the WHO 2013 guidance on violence against women. She has won a number of prizes for her research including the International Marcé (perinatal mental health) Society's Marcé Medal, and was the first psychiatrist to win a prestigious National Institute for Health Research (NIHR) Professorship in 2013 followed by an NIHR Senior Investigator award in 2019. She is the immediate past President of the International Marcé(perinatal mental health) Society.

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INVITED SPEAKERS



Dr Ashlesha Bagadia is a Perinatal Psychiatrist & Head of Psychotherapy at The Green Oak Initiative, which is a community mental health centre in Bangalore, India (www.thegreenoakinitiative.com). After completing basic medical training in India, she obtained basic psychiatry training in London, UK (MRCPsych) & advanced psychiatry training in Adelaide, Australia (FRANZCP). She then obtained a Fellowship in Perinatal Psychiatry & Women's Mental Health at University of Toronto, Canada. She holds a diploma in Family Systems Therapy and is a practitioner and supervisor of Mentalisation Based Treatment for Personality Disorder. Since moving back to India 8 years ago, she has been working closely with other perinatal clinicians in building awareness and establishing access to care in a still underdeveloped service. She leads a local perinatal mental health service called *Chiguru-thrive to 5* and runs group therapy programs for Borderline Personality Disorder and mothers with history of trauma. She also runs a psychotherapy training organisation called The PARC (www.theparc.in) where she trains and supervises therapists in advanced therapy skills and medical professionals in mental health skills. One of their flagship training programs is a short course on perinatal mental health for obstetricians, which is now being adapted in other parts of South Asia and South Africa.



Professor Catherine Chamberlain is a Palawa Trawlwoolway woman (Tasmania), Director of Onemda Aboriginal and Torres Strait Islander Health and Wellbeing and Head of the Indigenous Health Equity Unit at the Melbourne School of Population and Global Health, The University of Melbourne. A Registered Midwife and Public Health researcher, her research aims to identify perinatal opportunities to improve health equity across the lifecourse for which she has received the Lowitja Research leadership award (2019) and CATSINAM fellowship (2022). She is inaugural Editor-In-Chief of First Nations Health and Wellbeing Lowitja Journal and Principal Investigator for two large multi-disciplinary projects – Healing the Past by Nurturing the Future – which aims to co-design support for Aboriginal and Torres Strait Islander parents experiencing complex trauma; and Replanting the Birthing Trees, which aims to transform intergenerational cycles of trauma to cycles of nurturing and recovery.



Tawera Ormsby descends from Ngāti Porou, no Reporua and Ngāpuhi, no Utakura, in Aotearoa, New Zealand. Tawera started working at Ohomairangi Trust 19 years ago as an administrator and has grown in her role as the organisation has grown. Since becoming a proud mother of 3 beautiful children, she has participated in, and now facilitates Mellow Bumps, Hoki ki te Rito/Mellow Parenting and Poipoia ngā mokopuna/First 1000 days within her local community in South Auckland and is passionate about the delivery and outcomes of these programmes.

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Jane Fisher AO, an academic Clinical and Health Psychologist is Finkel Professor of Global Health in the School of Public Health and Preventive Medicine at Monash University. She maintains sessional clinical practice at Masada Private Hospital Early Parenting Centre. Jane has longstanding interests in the social determinants of perinatal mental health and wellbeing, and of how these can be addressed in prevention, health promotion and self-care strategies. Jane Fisher was President of the International Marcé Society for Perinatal Mental Health 2016 – 2018 and of the Australasian Marcé Society for Perinatal Mental Health 2007 – 2009.

In 2017, she was awarded the Marcé Medal, by the Australasian Marcé Society and in 2022 the International Marcé Society's John Cox Medal for having made an extraordinary contribution to expert knowledge in the field of perinatal mental health through research, clinical practice, teaching, and mentorship. In 2022 Jane Fisher was appointed Officer in the Order of Australia in the January 2019 Australia Day Honours for her contributions to perinatal mental health, women, and the community.



Dr Richard Fletcher is Associate Professor, Fathers and Families Research Program, School of Health Sciences, College of Health, Medicine and Wellbeing, The University of Newcastle, NSW. He has been conducting programs and research with fathers and families for over 20 years and was the convenor of the Australian Fatherhood Research Network for 10 years. His current research includes: Indigenous fathers' strengths; Fathers' role in families with PND; Father-infant attachment; eHealth and web-based support for fathers; and, Fathers' role in maternal mental health and in the event of stillbirth.



Professor Helen Herrman AO is Professor Emeritus of Psychiatry at Orygen and the Centre for Youth Mental Health, The University of Melbourne, and Director of the World Health Organization (WHO) Collaborating Centre in Mental Health, Melbourne. She is former president of the World Psychiatric Association (WPA – 2017-2020) and the International Association of Women's Mental Health. She has been appointed an Officer of the Order of Australia.

Her research and development interests as psychiatrist and public health physician include promoting mental health, community mental health care, and women's mental health. Previously she was Professor and Director of Psychiatry in St. Vincent's Health Melbourne, and for a year acted as regional advisor in mental health for the WHO's Western Pacific Region. She led the WPA's action plan 2017-2020, concerned with supporting the contribution of psychiatrists to global mental health. Publications include the report as chair of "The Lancet-WPA Commission: time for united action on depression" published in 2022.

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Dr Nicole Milburn is a Clinical Psychologist who has worked in public and private settings for around 25 years and is currently in full time private practice, providing therapeutic services to infants, children, families and individual adults. She is the current Chair of the Boards of the Australian Association for Infant Mental Health and the Tweddle Foundation. Nicole specialises in relationship assessments that assist authorities to make decisions about the best interest of infants, children and young people and is very committed to representing the voice of the infant.

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INVITED WORKSHOP PRESENTERS



Dr Jackie Amos is a clinician and researcher, with over twenty years' experience in New Zealand and South Australia. She has worked as a senior child and adolescent psychiatrist in CAMHS (Child Adolescent Mental Health Service) and more recently in the non-government sector. Her psychotherapeutic practice has focused on working with children and families to disrupt intergenerational cycles of trauma and disadvantage. In her doctoral research Jackie developed a clinically informative model, outlining how childhood experiences of abuse and neglect, beginning in infancy, are transmitted across generations. The place of shame in attachment disorganisation, the controlling adaptations to early disorganisation in middle childhood and the states of mind of adults struggling with parenting is central to the model. This model has been used to predict the fundamental objectives of effective interventions for families caught in these distressing intergenerational cycles.

This body of work now informs service delivery in the Children's Service Unit, Centacare (a large non-government agency) where psychotherapy and social casework have been integrated, to offer trauma responsive therapeutic casework. This integrated model has been used successfully to address families interfacing with the child protection system, including in family reunification. Training materials are being developed, based on Jackie's PhD, to support the integration of trauma responsive interventions across programmes at Centacare.



Liz Coventry is a child and adolescent psychiatrist who worked in Helen Mayo House for 7 years. They have recently taken up a new role, as part of a team, developing a comprehensive therapeutic framework and training that will inform the work of Centacare, a large non-government agency. This work is drawing on their solid background in perinatal and infant mental health. They have a particular interest in complex relational trauma, how this impacts all members of a family system and the development and implementation of effective interventions.

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Lauren Keegan is a perinatal psychologist with extensive experience in perinatal and infant mental health. She has worked with perinatal clients and their families for over a decade in the public and private sectors. She is an accredited Marte Meo Therapist and Trainer.



Dr Ros Powrie is a Perinatal Infant Child and Adolescent Psychiatrist who has worked for over 30 years in public health and 20 years in the PIMHS service at Womens and Childrens Hospital Adelaide. She first taught mindfulness based programs to women in pregnancy in 2010 and more recently teaches with midwives an adaptation of Mindfulness based Childbirth and Parenting (MBCP) as well as being on the International Teaching Faculty during 2022. She also teaches Mindful Self Care programs for health professionals. She is past president of AAIMH SA branch and a member since 1999, and a former National Board Member.

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VENUE INFORMATION



Fresh from a \$397M redevelopment, the Adelaide Convention Centre (ACC) is one of the world's most modern, flexible and technologically advanced venues. Comprising three distinct yet seamlessly integrated buildings, the Centre spans 20,000sqm of multi-purpose space. The venue's East Building features a state-of-the-art Plenary offering tiered seating for more than 3,000 people or 3,000sqm flat floor space for banquets and exhibitions. Its combination of hinged seating, operable walls and rotating seating drums allow the Plenary to be arranged into more than 15 different configurations. In addition to its modern facilities, the Centre is known for its creative menus, expert service and innovative technologies.

The ACC is positioned at the heart of Adelaide's Riverbank Precinct, just 15 minutes' drive from the Adelaide International Airport. In the midst of a multi-billion-dollar rejuvenation, the Riverbank Precinct is where the city's cultural, sporting, education, medical, conference and entertainment zones merge, helping make Adelaide Australia's Convention City.

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ACCOMMODATION

Premier Event Concepts has made reservations, at special conference rates, with a number of hotels in close proximity to the Adelaide Convention Centre. To take advantage of these special conference rates, please book your accommodation through Premier Event Concepts during the registration process when available.

Holiday Inn Express Adelaide City Centre ****

Standard guestroom – \$215.00 per room, per night

Note: Includes grab and go breakfast daily

The new Holiday Inn Express Adelaide City Centre is situated in the vibrant north-west quarter of Adelaide's central business district.

The hotel features well-designed rooms equipped with for everything you need for a great stay. Start the day right with our free Express Start Breakfast or Grab & Go option, stay connected with free Wi-Fi, after a long day recharge with our high-quality bedding and have a restful night's sleep with a choice of soft and firm pillows.

Grosvenor Hotel Adelaide ***

Superior guestroom – \$189.00 per room, per night

The Grosvenor Hotel Adelaide is an economy hotel superbly situated on North Terrace in the heart of the city, close to Adelaide Convention Centre, Adelaide Oval, Adelaide Festival Centre and Rundle Mall shopping precinct. Offering a wide range of rooms & suites makes this the ideal choice for business & leisure travellers. Facilities include 24 hr reception, complimentary WiFi and parking available.

With its exceptional location, Grosvenor Hotel Adelaide provides an excellent base for exploring Adelaide. Guests staying at this beautiful Adelaide hotel are within easy reach of Adelaide Central Markets, Adelaide Zoo, Adelaide Botanic Garden, Haigh's Chocolate Visitor Centre, the National Wine Centre of Australia and Torrens Riverbank Precinct, with the Adelaide Oval and Adelaide Festival Centre. Guests looking to sample local wines are just over an hour's drive from the Barossa Valley wine region.

ACCOMMODATION CANCELLATION POLICY

1. Special accommodation rates have been negotiated with a number of hotels in close proximity to the Adelaide Convention Centre. If you wish to check in before the 6 September 2023 or out after 9 September 2023, please contact Shanna Sheldrick from Premier Event Concepts directly (not the hotel), at shanna@premiereventconcepts.com.au or +61 (0)437 377 107.
2. Bookings for arrivals and departures outside of the conference dates will be subject to availability and may not be offered at special conference rates (at discretion of hotel).
3. All accommodation is subject to availability and rates are listed as room only unless otherwise specified.
4. Confirmation will be sent to the email address provided, within 24 hours of receiving booking.
5. A one (1) night deposit, per room and a credit card guarantee (in the event of a no-show or cancellation less than 30 days prior to arrival and for balance payments) is required to confirm accommodation bookings.
6. The balance owing is payable directly to the hotel either at check out or up to 30 days prior to arrival (at the discretion of the hotel).
7. Cancellation of booking less 30 days prior to arrival but before 7 days prior to arrival will attract a cancellation fee equivalent to one night.
8. Cancellation of booking less than 7 days prior to arrival (or no shows) will attract a 100% cancellation fee.
9. Alterations or cancellation of hotel accommodation must be sent in writing to Premier Event Concepts, not to the hotel. These changes will not be accepted over the phone. Please email changes to shanna@premiereventconcepts.com.au

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PRE/POST CONFERENCE TOURS

If you are staying before or after the conference, we encourage you to contact Adelaide Sightseeing who offer half day, full day and longer stay tours to all corners of Adelaide and South Australia.

Adelaide Sightseeing at SeaLink Marine & Tourism

Level 3, 26 Flinders Street

Adelaide, South Australia 5000

P: 1300 769 762

E: bookings@adelaidesightseeing.com.au

W: www.adelaidesightseeing.com.au

Regions to consider visiting during your visit to South Australia

Kangaroo Island

Kangaroo Island or KI as the locals call it is a South Australian icon and one of the world's finest nature destinations, with breathtaking landscapes and fascinating wildlife. Just a 45 minute ferry ride off the coast of South Australia, Kangaroo Island is internationally celebrated for its pristine wilderness and wildlife as well as a thriving food and wine industry.

McLaren Vale

McLaren Vale offers an abundance of fine wine, food, art and nature with over 80 cellar doors. Situated in the heart of the magnificent Fleurieu Peninsula and just a 40-minute drive south from Adelaide, you will absolutely fall in love with this beautiful region. Sitting between the rolling Mount Lofty Ranges and the Gulf St Vincent beaches, the extraordinary sweeping views of local vineyards and the close proximity of the stunning coastline is bound to take your breath away.

McLaren Vale Shiraz is known the world over for its quality and seductive style but also for its premium Grenache and Cabernet varieties, its diverse Mediterranean varieties such as Fiano, Montepulciano and Vermentino, and is fast becoming a base for craft gin, beer and experimental wineries.

The Barossa

The Barossa is one of South Australia's most scenic touring destinations where European heritage lives on, with winding country roads weaving through vineyards and villages. When you visit the Barossa you will discover a place where luxury retreats offer award-winning wines, cuisine and panoramic views.

Known as Australia's wine capital, the Barossa features more than 80 cellar doors and is just over an hour's drive from Adelaide. You'll find some of the world's oldest Shiraz wines here and the region is home to some of Australia's most famous brands including Henschke, Yalumba, Jacob's Creek, Peter Lehmann and Wolf Blass.

The Barossa is just as much about food as it is about wine, with a strong food heritage. Traditions of growing, preparing and presenting regional produce in modern mouth-watering dishes is evident in cafes, restaurant and bistros.

The Flinders Ranges

Driving through the Flinders Ranges and Outback, you'd be forgiven for thinking you were navigating the unexplored face of Mars. Towering ancient cliffs and deep craters border dusty red roads. Take an aerial tour of Kati Thanda-Lake Eyre or drive along the Aboriginal Dreaming Trail. Marvel at Wilpena Pound, a shockingly large amphitheatre, created through erosion over millions of years, or look up at night for a sky show like never before. Be surrounded by ancient mountain ranges, spectacular gorges and sheltered creeks only five hours drive from Adelaide to Wilpena Pound, or embark on the ultimate road trip along the Explorer's Way.

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WORKSHOPS

Date: Thursday, 7 September 2023

Workshop A: "My mother groaned, my father wept, into the dangerous world I leapt." - W Blake. Mind in Labour Mind in Life - an antenatal mindfulness program for parents to be

Presented by: **Ros Powrie**, Consultant Psychiatrist, Women's and Children's Health Network, South Australia

Time: 9.00am – 12.00pm

Cost: \$235.00 - Marcé Member / Fulltime Student

\$285.00 - Marcé Non-Member

Note: Cost includes morning tea

Description: What is it that we want parents to learn about pregnancy, birth and becoming a parent to give them and their baby a head start in this transformative time of life? What may need to be learnt and possibly "unlearnt" in order for them to "do differently and be with differently" regarding the physical, psychological and social changes and expectations in this most important time of life. This workshop will introduce participants to the aims, core teaching and practices of Mind in Labour Mind in Life (MILMIL) a version of Mindfulness Based Childbirth and Parenting (MBCP) developed by Nancy Bardacke -midwife and mindfulness teacher more than 20 years ago. MILMIL is a 5 week online program (adapted during the pandemic) for couples and singles with a face to face weekend intensive and post birth re-union. It has been very positively received amongst birthing parents at WCH as well as showing promise in reducing anxiety, stress and depression scores, reducing fear of childbirth and increasing overall satisfaction in the birthing experience. Participants will be invited into the classroom and gain experiential learning as well as information on the core childbirth class modules which are taught through a mindfulness lens. Research in MBCP over the last 10 years is promising not only in reducing maternal stress and depression but also outcomes for infants, and possibly non birthing parents as well- this will be briefly discussed. Please wear loose comfortable clothing and footwear.

Workshop B: Mentalisation skills for the perinatal period

Presented by: **Dr Ashlesha Bagadia**, Perinatal Psychiatrist and Family Therapist, Green Oak Initiative & PARC Academy, Bangalore, India / President of South Asian Marce Association and **Ms Poornima Mahindru**, Perinatal Psychologist and lead faculty, Green Oak Initiative & PARC Academy, Bangalore India

Time: 9.00am – 12.00pm

Cost: \$235.00 - Marcé Member / Fulltime Student

\$285.00 - Marcé Non-Member

Note: Cost includes morning tea

Description: Mentalisation based treatment (MBT) has strong evidence for management of people with personality disorder, and emerging evidence for other conditions such as depression, trauma & eating disorders, all of which have a risk of destabilisation in the perinatal period. Application of MBT skills can be valuable in engaging, educating and building trust in this elusive population. This workshop will give an overview of non-mentalising modes in the perinatal period and key strategies to approach the same.

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Workshop C: When the bough breaks: The impact of traumatic birth (note: live virtual presentation)

Presented by: **Cheryl Beck**, Distinguished Professor, University of Connecticut School of Nursing, USA
Time: 9.00am – 12.00pm
Cost: \$235.00 - Marcé Member / Fulltime Student
\$285.00 - Marcé Non-Member
Note: Cost includes morning tea

Description: Up to 45% of new mothers report their births to have been traumatic. The workshop starts with describing from the mothers' perspectives exactly what it is about a birth that can be viewed as so traumatic. This workshop brings visibility to the often invisible experience of women struggling with the ever widening ripple effects of traumatic childbirth. These ripples include birth trauma's impact on posttraumatic stress, mother-infant interaction, breastfeeding, the anniversary of the traumatic birth, and subsequent childbirth. In this workshop each of these ripples, or long-term consequences, are addressed by means of the findings from a series of qualitative research. The prevalence and risk factors for traumatic childbirth are also identified. The possibility of women experiencing posttraumatic growth due to their struggles with birth trauma is highlighted. Implications for practice and future research are included.

Workshop D: Attachment disorganisation: shame and fright without solution?

Presented by: **Jackie Amos**, Consultant Psychiatrist, Centacare Catholic Family Services, South Australia and **Liz Coventry**, Consultant Psychiatrist, Centacare Catholic Family Services, Adelaide
Time: 1.00pm – 4.00pm
Cost: \$235.00 - Marcé Member / Fulltime Student
\$285.00 - Marcé Non-Member
Note: Cost includes afternoon tea

Description: The accepted understanding of attachment disorganisation is that infants must contend with fright without solution, without relational support from a sensitive and responsive caregiver. In this workshop, the presenters will provide a comprehensive account of the research, that leads to the hypothesis that 'shame without solution' is as important as 'fright without solution', when considering traumatising attachment-caregiving relationships in infancy. The areas of research that will be reviewed will include a general overview of shame, the importance of shame in the development of healthy boundaries and the more controversial idea that young infants can experience shame. Using an evolutionary lens, the presenters will also examine adaptations to unresolved fear and shame in middle childhood and the persistence of these patterns into adulthood. An exploration of two social styles that support the resolution of within group tension in social mammals will be used to understand the adaptive purpose of power based relational patterns that disrupt parent infant relationships. How this supports a compassionate understanding of parents who struggle to care for their infants, despite their deep desire to break intergenerational patterns, and how this informs practice will conclude the workshop.

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Workshop E: Introducing Marte Meo: Strengthening parent-infant attachment through everyday interactions – #5

Presented by: **Lauren Keegan**, Psychologist, Marte Meo Accredited Trainer, New South Wales

Time: 1.00pm – 4.00pm

Cost: \$235.00 - Marcé Member / Fulltime Student

\$285.00 - Marcé Non-Member

Note: Cost includes afternoon tea

Description: Learn about the Marte Meo Method: an attachment-based approach to supporting everyday interactions between parents and their infant or toddler.

'Marte Meo' was developed in Holland by Maria Aarts and is translated from Latin as "on one's own strength." This strengths-based approach helps parents learn really practical, concrete ways of interacting with their children that strengthens the relationship and supports development.

Marte Meo is a video-based method for providing information about how to support development in daily interactions. The focus is on the importance of communication (both verbal and non-verbal) in building relationships and emotional connections.

In this workshop participants will learn the foundational concepts of Marte Meo with a focus on positive leading and following and its practical applications across a range of settings including perinatal mental health, child and family health, neonatal nursing and early childhood settings.

Video recordings of parent-child interactions will be used to demonstrate the core concepts and show everyday moments of interaction. This will provide clinicians with practical information to pass on to families they work which will strengthen relationships and support infant development. It also encourages clinicians to reflect on the way they interact with infants and children in their clinical practice and how we can model supportive interaction moments to caregivers.

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NETWORKING FUNCTIONS

Welcome Reception

Date: Friday, 8 September 2023
Time: 5.00pm – 7.00pm
Location: Panorama Foyer, Adelaide Convention Centre
Cost: Included in full registration
\$85.00 for day registrations and guests

COPE Champagne and Canapes

Sponsored by COPE

Date: Saturday, 9 September
Time: 2.50pm – 3.50pm
Location: Panorama Foyer, Adelaide Convention Centre
Description: *Toasting the future of Perinatal Mental Health – What might this look like for Australia?*
Join us to toast the future of Perinatal Mental Health with champagne and canapes proudly sponsored by The Centre of Perinatal Excellence (COPE).
Cost: Included in full registration
\$40.00 for day registrations and guests

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REGISTRATION INFORMATION

The registration fee structure and inclusions for the conference are as follows.
All amounts are in Australian dollars and GST is not applicable.

	Earlybird (prior to 28 July 2023)	Standard pricing (from 28 July 2023)
Marcé Member / Fulltime Student (full)	\$595.00	\$695.00
Marcé Non-Member (full)	\$750.00	\$850.00
Marcé Member / Fulltime Student (day)	\$400.00	
Marcé Non-Member (day)	\$500.00	
Workshops		
Marcé Member / Fulltime Student	\$235.00	
Non-Members	\$285.00	

Registration inclusions:

Full Registrations

- Entry to all conference sessions from 8 – 9 September 2023
- Morning tea, lunch and afternoon tea when applicable for the duration of the conference
- 1 x ticket to the welcome reception (08/09/23)
- 1 x ticket to the COPE Champagne and Canapes function (09/09/23)
- Name badge

Day Registrations

- Entry to all conference sessions on the nominated day of attendance
- Morning tea, lunch and afternoon tea when applicable on the nominated day of attendance
- Name badge

Note 1: Workshops are not included in conference registrations but can be purchased for additional cost.

Note 2: Networking function tickets are not included in day registrations but can be purchased for additional cost.

REGISTRATION TERMS AND CONDITIONS

1. All amounts are in Australian dollars and GST is not applicable.
2. The conference will accept payments via Electronic Funds Transfers, Credit Cards (MasterCard, Visa and AMEX) and Cheques.
3. All credit card payments will attract a transaction fee. The fees are 2.8% for Visa and MasterCard transactions and 3% for American Express. Debits to your credit card will appear as 'Premier Event Concepts' on your statement.
4. Payment of earlybird registration fees is required by the earlybird date deadline to qualify for that rate. After the earlybird date deadline, all unpaid earlybird registrations will automatically roll over to the regular rate and delegates will be charged at the regular rate.
5. Payment for all registrations and related functions must be paid in full prior to the commencement of the conference. If full payment is not received, admission to the conference may be refused.

REGISTRATION CANCELLATION POLICY

1. Registration cancellations must be sent in writing by mail or email to Premier Event Concepts. These changes will not be accepted over the phone.
2. Registration cancellations received up to 30 days prior to the event will receive a full refund, less a \$100.00 handling fee.
3. Registration cancellations received less than 30 days and up to 7 days prior to the event will receive a 50% refund.
4. No refunds will be given for registration and social function ticket cancellations received within 7 days of the event; however, a substitute delegate may be nominated.

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CONTACT

For general enquires regarding the conference, please contact our conference organiser:

Shanna Sheldrick
Premier Event Concepts
M: 0437 377 107
E: shanna@premiereventconcepts.com.au

PRIVACY POLICY

In accordance with the requirements of the Australian Privacy Act 2000, Premier Event Concepts complies with such legislation which is designed to protect the rights of the individual to privacy of their information. All information collected with respect to your registration for participation in this conference will only be used for the purposes of planning, conduct of the event or communication regarding future events. These details may be made available to parties directly related to the conference including but not limited to Premier Event Concepts, venues, accommodation and travel providers (for the purposes of room/travel bookings etc.), key sponsors (subject to strict conditions) and other related parties as deemed necessary. It is also usual practice to produce a 'Delegate List' of attendees at the conference and to include the individual's contact details in such a list. By completing this registration form, you acknowledge that the details supplied by you may be used for the above purposes. There is an opt out option on the registration form. It is your responsibility to ensure that all information provided to Premier Event Concepts is accurate and kept up to date. To access or update your information, please email Premier Event Concepts on shanna@premiereventconcepts.com.au.

LIABILITY / INSURANCE

In the event of industrial disruptions or natural disasters, The Marcé Society Australasian Branch Ltd, the Organising Committee, and Premier Event Concepts cannot accept responsibility for any financial or other losses incurred by the delegates. The Marcé Society Australasian Branch Ltd, the Organising Committee, and Premier Event Concepts take no responsibility for injury or damage to persons or property occurring during the conference. All insurance, including medical cover, or expenses incurred in the event of the cancellation of the conference is the individual delegate's responsibility. Attendees are encouraged to choose a travel insurance policy that includes loss of fees/deposits through cancellation of your participation in the conference, or through the cancellation of the conference itself, loss of airfares for any reason, medical expenses, loss or damage to personal property, additional expenses and repatriation should travel arrangements have to be altered. The Marcé Society Australasian Branch Ltd, the Organising Committee, and Premier Event Concepts will take no responsibility for any participant failing to insure.

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