

OFFICIAL

The Australasian Marcé Society and Helen Mayo House Joint Perinatal Mental Health Conference 2023

PROGRAM

PRE-CONFERENCE WORKSHOPS

<b>Thursday, 7 September 2023</b>			
Concurrent workshops			
9.00am – 10.15am	<i>L1A room</i> Chair: Camilla Morgan <b>Workshop A</b>  <b>Ros Powrie</b> Consultant Psychiatrist, Women’s and Children’s Health Network, Adelaide  <b>Loretta Miller</b> Women’s and Children’s Hospital  <i>"My mother groaned, my father wept, into the dangerous world I leapt." - W Blake. Mind in Labour Mind in Life - an antenatal mindfulness program for parents to be</i>	<i>L1B room</i> Chair: Chris Yelland <b>Workshop B</b>  <b>Dr Ashlesha Bagadia</b> , Perinatal Psychiatrist and Family Therapist, Green Oak Initiative & PARC Academy, Bangalore, India / President of South Asian Marce Association  <b>Ms Poornima Mahindru</b> , Perinatal Psychologist and lead faculty, Green Oak Initiative & PARC Academy, Bangalore India  <i>Mentalisation skills for the perinatal period</i>	<i>L2 room</i> Chair: Tanya Devadason <b>Workshop C</b> (note: Live virtual presentation)  <b>Cheryl Tatano Beck</b> Distinguished Professor, University of Connecticut School of Nursing, USA  <i>When the bough breaks: The impact of traumatic birth</i>
10.15am – 10.30am	<b>Morning tea</b>		
10.30am – 12.00pm	<b>Workshop A continued...</b>	<b>Workshop B continued...</b>	<b>Workshop C continued...</b>
<b>BREAK</b>			
Concurrent workshops			
1.00pm – 2.15pm	<i>L1 room</i> Chair: Rebecca Hill <b>Workshop D</b>  <b>Jackie Amos</b> Consultant Psychiatrist, Centacare Catholic Family Services, Adelaide  <b>Liz Coventry</b> Consultant Psychiatrist, Centacare Catholic Family Services, Adelaide  <i>Attachment disorganisation: shame and fright without solution?</i>  <b>Workshop sponsored by the Mental Health Professionals' Network (MHPN)</b>  	<i>L2 room</i> Chair: Andjela Mechis <b>Workshop E</b>  <b>Lauren Keegan</b> Psychologist, Marte Meo Accredited Trainer, NSW  <i>Introducing Marte Meo: Strengthening parent-infant attachment through everyday interactions</i>	
2.15pm – 2.30pm	<b>Afternoon tea</b>		
2.30pm – 4.00pm	<b>Workshop D continued...</b>	<b>Workshop E continued...</b>	

## PROGRAM

## DAY 1

Friday, 8 September 2023	
9.00am – 9.30am	<p>Official Conference Opening</p> <p><b>Rosemary Wanganeen</b>, Founding CEO, Healing Centre for Griefology <i>Welcome to Country</i></p> <p><b>Dr Tanya Devadason</b> and <b>Rebecca Hill</b>, Conference Co-Convenors <i>Welcome Remarks</i></p> <p><b>Michael Brown MP</b> <i>Official Conference Opening</i></p> <p>Chair: Julia Feutrill</p>
9.30am – 10.00am	<p>Plenary Session 1</p> <p><b>Jane Fisher</b> <i>Disparities in perinatal mental health problems experienced by women: inequality or inequity?</i></p> <p>Chair: Julia Feutrill</p>
10.00am – 10.30am	<p>Plenary Session 2</p> <p><b>Cath Chamberlain</b> <i>Replanting the Birthing Trees: recreating safe and sacred spaces to support Aboriginal families</i></p> <p>Chair: Julia Feutrill</p>
10.30am – 11.00am	Morning tea
11.00am – 11.30am	<p>Plenary Session 3</p> <p><b>Tawera Ormsby</b> <i>'First 1000 days' series of workshops for indigenous parents of newborns, in South Auckland, Aotearoa, New Zealand</i></p> <p>Chair: Anne Buist</p>
11.30am – 12.00pm	<p>Plenary Session 4</p> <p><b>Helen Herrman</b> <i>Supporting a whole of society response to women's mental health in the perinatal period</i></p> <p>Chair: Anne Buist</p>
12.00pm – 12.30pm	<p>Panel Discussion 1</p> <p><b>Helen Herrman, Cath Chamberlain, Tawera Ormsby, Jane Fisher, Skye Stewart and Felice Watt</b></p> <p>Chair: Anne Buist</p>

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12.30pm – 1.30pm	Lunch					
1.30pm – 3.00pm	Concurrent sessions					
	<i>Panorama Room 1</i>	<i>Panorama Room 2</i>	<i>Panorama Room 3</i>	<i>City Room 1</i>	<i>City Room 2</i>	<i>City Room 3</i>
	SYMPOSIUM: A National Infrastructure to support Best Practice in Perinatal Mental Health - # 41	PERINATAL LIAISON	MOTHERHOOD	PERINATAL LOSS	SOCIAL DISADVANTAGE	PEER SUPPORT
	Chair: Julie Borninkhof	Chair: Nicole Reilly	Chair: Sylvia Lim Gibson	Chair: Julia Feutrill	Chair: Ros Powrie	Chair: Deb Sims
1.30pm – 1.50pm	Raising awareness of PMH and stigma reduction <b>Ariane Beeston</b>	'No one told me I would actually have to give birth if I were to terminate': Australian women's experiences and recommendations regarding termination of pregnancy - #36 <b>Dr Viktoria Wing</b>	The Matrescence Project: Self-determination, identity, and the transition to motherhood - #52 <b>Danielle Wagstaff</b>	Living with Loss: Evaluation of an online bereavement program to support parents following perinatal loss - #35 <b>Siobhan Loughnan</b>	Perinatal Outcomes in Patients with Alcohol and other Drug Presentations, A Quality Improvement Project - #53 <b>Harriet Burnham</b>	The value of collaborating with people with lived experience to co-design and deliver bereavement services and resources - #22 <b>Ludski K</b>
1.50pm – 2.10pm	Innovative approaches to psychoeducation <b>Ariane Beeston and Nicole Highet</b>	Interventions with fathers to prevent or reduce partner violence against women during pregnancy and early parenthood: what works? - #9 <b>Karen Wynter</b>	Body dissatisfaction and degree of self-compassion amongst postpartum women: A cross-sectional cohort study - #1 <b>Zara Zia &amp; Min Loo</b>	Holistic Care for Parents in Subsequent Pregnancies following Perinatal Loss in Australia: Exploring Support for Optimising Psychosocial Wellbeing Outcomes - #28 <b>Kelly Robinson</b>	Trauma informed and Equitable: The evolving Model of Care for Pregnant women in Custody in NSW - #33 <b>Nicole Hodgson and Finbarr O'Neill</b>	Training a Perinatal Mental Health Lived Experience (Peer) Workforce: Ensuring availability of emotionally safe Peer-led services for parents - #65 <b>Viv Kissane &amp; Rani Farmer</b>
2.10pm – 2.30pm	Routine Universal Screening to support early detection in the digital age <b>Nicole Highet</b>	Striving for equitable access to holistic care for parents who receive a prenatal diagnosis of a fetal anomaly - #4 <b>Pieta Shakes</b>	MUMMYING IN THE DARK - #47 <b>Dinah Thomasset</b>	The State of Early Pregnancy Loss Report - Pink Elephants - #31 <b>Samantha Payne</b>	Homelessness and the Mother and Baby Unit - #58 <b>Felice Watt</b>	Evaluating Peer-led models of support in an ever-changing world: How can we better support parents through adversity during the perinatal period? - #69 <b>Rani Farmer &amp; Viv Kissane</b>
2.30pm – 2.50pm	Workforce development and referral to care pathways <b>Natasha Lindros</b>	Factors contributing to women's experiences of birth trauma and obstetric violence in Australia - #30 <b>Dr Hazel Keedle</b>	A Mixed Methods Comparison of Australian Altruistic Gestational and Traditional Surrogate Experiences - #55 <b>Narelle Dickinson</b>	Understanding and Supporting Perinatal Loss - #23 <b>Keren Ludski</b>	Providing Sensitive Perinatal Mental Health Care: Protective and Predictive Factors of Good Outcomes in Mentally Ill Women in the Perinatal Period Involved with Child Welfare Services - #27 <b>Chamali Wanigasekera</b>	Implementing Peer Support in a Mother-Baby Unit - #43 <b>Leanne Norman &amp; Rebecca Hill</b>
2.50pm – 3.50pm	Afternoon tea / Poster Showcase					

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3.50pm – 4.35pm	Keynote Address 1  <b>Professor Louise M Howard</b> , King's College London <i>Domestic abuse and suicidality in the perinatal period</i>  Note: Pre-recorded presentation with live Q&A  Chair: Rebecca Hill
4.35pm – 5.00pm	Day 1 Closing Comments <b>Dr Tanya Devadason and Rebecca Hill</b>
5.00pm – 7.00pm	Welcome Reception / Poster Showcase Judging  Facilitators: Tanya Devadason and Rebecca Hill

## PROGRAM

## DAY 2

Saturday, 9 September 2023						
9.00am – 10.00am	Keynote Address 2  <b>Cheryl Beck</b> <i>Secondary traumatic stress in clinicians: Is there a cost for caring?</i>  Note: Pre-recorded presentation  Chair: Rebecca Hill					
10.00am – 10.30am	Plenary Session 5  <b>Ashlesha Bagadia</b> <i>Attachment trauma: Overcoming the past to secure the future. Working with Borderline Personality Disorder in the perinatal period. Learnings from a LAMI country</i>  Chair: Rebecca Hill					
10.30am – 11.00am	Morning tea					
11.00am – 11.30am	Plenary Session 6  <b>Associate Professor Richard Fletcher</b> <i>Working together to include fathers in perinatal mental health – good for dad, mum &amp; baby</i>  Chair: Felice Watt					
11.30am – 12.00pm	Plenary Session 7  <b>Nicole Milburn</b> <i>There is no such thing as a parent</i>  Chair: Felice Watt					
12.00pm – 12.30pm	Panel Discussion 2  <b>Ashlesha Bagadia, Associate Professor Richard Fletcher, Nicole Milburn, Karen Wynter and Deb Sims</b>  Chair: Felice Watt					
12.30pm – 1.30pm	Lunch					
12.45pm – 1.15pm	Marcé Society Annual General Meeting					
1.30pm – 3.00pm	Concurrent Sessions					
	<i>Panorama Room 1</i>	<i>Panorama Room 2</i>	<i>Panorama Room 3</i>	<i>City Room 1</i>	<i>City Room 2</i>	<i>City Room 3</i>
	SYMPOSIUM Sensitive care in Mother-Baby Units (MBUs) in the modern age: Challenges and opportunities - # 45	CLINICAL	SCREENING & REFERRAL	DADS	TRAUMA	MIXED

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	Chair: Helen McGowan	Chair: Chandni Prakash	Chair: Harish Kalra	Chair: Deb Sims	Chair: Carolyn Bright	Chair: Siobhan Loughnan
1.30pm – 1.50pm	When the interests of mother and infant collide: To treat or not to treat in the MBU <b>Rebecca Hill</b>	Breastfeeding and Lithium- a case study and discussion - #66 <b>Rosalind Powrie</b>	Evaluation of a state-wide outreach perinatal mental health service: Translating findings into actions - #62 <b>Tracey Fay-Stammbach</b>	Associations between self-efficacy and health literacy among expectant and new fathers: findings from a global survey - #3 <b>Karen Wynter</b>	Childhood trauma vs lifetime trauma: Understanding their impact on depression and parenting self-regulation in an early parenting services cohort - #39 <b>Alice Dwyer</b>	Grief and Support Needs of Grandparents Following a Child's Perinatal Loss - #32 <b>Jane Lockton</b>
1.50pm – 2.10pm	Failing to thrive: Exploring the challenges of management of eating disorders in the mother and baby unit setting <b>Susan Roberts, Aleshia Ellis and Grace Branjerdporn</b>	Perinatal Obsessive-Compulsive Disorder: A Case Series - #6 <b>Dr Kate Jarvis</b>	Perinatal Psychosocial Assessment, the Views of Health Professionals Working in the Private Obstetric Sector - #15 <b>Dr. Tanya Connell</b>	Exploring fathers' perspectives as a parent in the neonatal intensive care unit (NICU): Preferences for support and intervention - #40 <b>Dr Vincent Mancini</b>	Breaking the Cycle: A Trauma Responsive Approach in the Perinatal Period - #25 <b>Chantal Dodd and Gaynor Trezona</b>	Building sensitive interprofessional collaboration in perinatal mental health using augmented reality (AR) education resources - #63 <b>Louise Everitt</b>
2.10pm – 2.30pm	The Role of the Mother Baby Unit in Treatment of Active Substance Use Disorder and Co-Morbid Perinatal Mental Illness <b>Ciara Maher, Maliththa Muwanwella and Felice Watt</b>	Evaluating the Long-Term Offspring Impacts of Perinatal Anorexia Nervosa Exposure: A Systematic Review - #38 <b>Tina Yutong Li</b>	ForWhen: A national care-navigation service for new parents experiencing mental health challenges in the perinatal period - #68 <b>Jane Kohlhoff</b>	"Google is my best friend": Culturally and Linguistically diverse fathers' experiences of accessing and receiving support in the perinatal period - #21 <b>Dr Rakime Elmir</b>	Antenatal Use of Eye Movement Desensitisation and Reprocessing Therapy (EMDR) to Heal the Trauma of Perinatal Loss, Birth Experience Adversity During a Subsequent Pregnancy.-#7 <b>Chris Ciancio</b>	Self-Compassion and Mental Health in Australian Women Who Have Experienced Pregnancy Loss - #10 <b>Suzanne Schilder</b>
2.30pm – 2.50pm	The gestation and birth of a new unit: unexpected lessons learned from the first 12 months of a mental health parent and baby unit <b>Sylvia Lim Gibson, Tracey Fay-Stammbach and Sophie Isobel</b>	Borderline Personality Disorder and parenting capacity: understanding population characteristics and assessment recommendations - #44 <b>Samantha Finan</b>	A State-wide Survey of Women's Experience of Screening and Referral for Mental Health and Psychosocial Concerns - #64 <b>Virginia Schmied</b>	Talking to Dads – Getting the Language Right - #26 <b>Karen Wynter</b>	'Supporting recovery from perinatal trauma with developmentally sensitive clinical interventions' - #46 <b>Bianca Bird</b>	The impact of the SARS-CoV-2 COVID-19 pandemic on mental health disorder prevalence and service engagement among new mothers at Fiona Stanley Hospital's Mother and Baby psychiatric inpatient unit: A pre/post-observational cross-sectional study - #57 <b>Mitchell Graham</b>
2.50pm – 3.50pm	Champagne and Canapes (sponsored by COPE) <i>Toasting the future of Perinatal Mental Health – What might this look like for Australia?</i>					
 <p>COPE Centre of Perinatal Excellence</p>						
Presentation of the Marcé, Jon Rampono and Citation Awards						
Facilitators: Tanya Devadason and Rebecca Hill						

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3.50pm – 4.10pm	Plenary Session 8 <b>Felice Watt</b> <i>Jon Rampono Lecture</i> Chair: Tanya Devadason
4.10pm – 4.30pm	Plenary Session 9 <b>Deb Sims</b> <i>Marcé Award Lecture</i> Chair: Tanya Devadason
4.30pm – 5.00pm	Conference Closing Comments <b>Dr Tanya Devadason</b> and <b>Rebecca Hill</b>

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### POSTERS

1. Beyond the Clinic - Seeing the Bigger Picture - #34 & #72 **Gaynore Trezona**
2. Novel Approach to Sharing Experiences of Becoming a Parent - New Parenting Podcast meets Queensland's Oldest Mother/baby Unit - #19 **Katherine Dwyer (presented by Susie Bayne – Jardine)**
3. Our Village" – Brisbane Centre for Postnatal Disorders - 30 Years On - Experiences of Becoming a Parent Anthology - #20 **Katherine Dwyer (presented by Susie Bayne – Jardine)**
4. Eating Disorder in the Peripartum: Creation and Evaluation of an Online Module for Health Professionals and Peer Workers - #2 **Susan Roberts (presented by Aleshia Ellis)**
5. Bursting the Bubbles – Effective Public and Private System Collaboration - #11 **Frances Bilbao**
6. Bridging the Gap - Innovating Private Practice for Equitable Care - #12 **Frances Bilbao**
7. What are the Essential Referral Pathways for Perinatal Women? - #13 **Dr. Tanya Connell**
8. Barriers to antenatal psychosocial assessment and depression screening in private hospital settings - #14 **Dr. Tanya Connell**
9. The health professionals role in psychosocial assessment in the private sector - #16 **Dr. Tanya Connell**
10. Antenatal Psychosocial Assessment and Depression Screening: What Are the Views of Women Delivering in The Private Sector? -#17 **Dr. Tanya Connell**
11. Resilience and Recovery through Curiosity and Playfulness - #18 **Ms. Ann De-Belin & Ms. Alison Wallbank**
12. A Stepped Care Model for Perinatal Mental Health – facilitating equitable access to care - #24 **Chris Barnes**
13. The impact and efficacy of a mHealth infant sleep support program - #29 **Jessica Appleton**
14. Preventative psychological interventions in the context of childbirth: The clinical profile of women accessing Sensitive Care Birth Plans in an Australian context - #42 **Carolyn Bright**
15. Here and Now – How Acorn Groups function as an integrated model of multidisciplinary care - #50 **Sally Chance (presented by Cincia Shincariol)**
16. Outcomes of individualised CBT-I sessions provided to pregnant women within a perinatal mental health outpatient service: A pilot study - #51 **Caris Allison**
17. Understanding data across the perinatal and infant mental (PIMH) health system: Comparing admission scores for families seeking mental health care to inform service delivery - #54 **Alice Dwyer**
18. The Recorded Interaction Task: Validity, Reliability, and Future Directions of a New Observational Tool to Assess Mother-Infant Bonding - #56 **Hannah Edwards**
19. 'Community-Based Behavioural Infant Sleep Interventions: A Scoping Review of Theoretical Underpinnings and Behaviour Change Techniques - #59 **Heather Liebrechts**
20. The value of storytelling: Supporting early parenthood experiences from a perinatal mental health Peer-led perspective - #61 **Viv Kissane & Rani Farmer**